**Grab-and-Go Wraps**

- **Ham & Swiss** ................................ 10
- **Turkey & Cheddar** .......................... 10
- **Tuna Salad** .................................. 10
- **Chicken Salad** ............................... 10

*Served with Cape Cod kettle chips and pickle on a white or wheat wrap*

**Grab-and-Go Salads**

- **Garden Salad (GF/V)** ...................... 8
  romaine lettuce, tomatoes, cucumber, red onion
- **Greek Salad (V)** ............................. 8
  romaine lettuce, tomatoes, cucumber, red onion, black olives, feta cheese
- **Chef's Salad (GF)** ........................... 12
  romaine lettuce, tomatoes, cucumber, red onion, ham, turkey, swiss cheese, whole egg
- **Caesar Salad (V)** ............................ 8
  romaine lettuce, croutons, parmesan cheese

*Dressings: ranch, caesar, or light italian*

*Add: chicken salad, tuna salad, or grilled chicken* 4 each

**Smoothies**

6 each

- **Summer Classic**
  strawberry, banana, orange juice
- **Sunrise**
  mango, pineapple, orange, carrot juice
- **Nutty Monkey**
  banana, peanut butter, cinnamon, almond milk
- **Swizzle**
  strawberry with lemonade or peach iced tea

*Add yogurt to any smoothie ... 1*

*All smoothies are vegetarian*

**Kid’s Meals**

- **Beef & Pork Hot Dog** ....................... 5
- **Hamburger/Cheeseburger** .................. 6
  american cheese
- **Chicken Fingers** ............................ 6
- **Cheese Quesadilla (V)** .................... 6
  *Served with fries or Cape Cod kettle chips*

**Sweets & Ice Cream**

- **Cookies (Varies)** ............................ 1.50
- **Brownies (V)** ............................... 1.50
- **Ice Cream Bar Big Alaska (V)** .......... 4
- **Ice Cream Dibs Vanilla with Crunch (V)** 6
- **Ice Cream Sandwich Chips Galore (V)** 4

**Munchies**

- **Granola Bars (V)** ........................... 1.50
- **Assorted Yogurts (V)** ..................... 4
  chobani strawberry or blueberry
- **Fruit Cup (V)** ............................... 3
- **Hummus & Pita Chips (V)** ............... 3
- **Ranch Dressing & Veggies (V)** ......... 3
- **Mac & Cheese Bites (V)** .................. 5

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6.25% state sales tax, 0.75% local tax and 20% administrative fee added to all prices. Before placing your order, please inform your server if a person in your party has a food allergy. The Commonwealth of Massachusetts suggests that the consumption of raw or undercooked meat, fish, shellfish, eggs and poultry may be harmful to your health and increase the risk of foodborne illness. The Club charges an administrative fee of 20% on all food and beverage purchases. The administrative fee is paid to the Club and does not represent a tip or service charge for wait staff employees, service employees or bartenders.